



# Paris HOUSING AUTHORITY



APRIL 2025

## Your Community Team

**Michelle Parker**

Executive Director

**Laurie Kassin**

Bookkeeper

**Cathy Williams**

Occupancy Clerk

**Paul Hancock**

Maintenance Supervisor

**Brian Milliken**

Maintenance

**Raymond Johnson**

Maintenance

## Office Hours

**Monday thru Friday**

7:30am - 4:00pm

**Closed for Lunch**

Daily Noon to 1:00pm

**Saturday**

Closed

**Sunday**

Closed

## Contact Directory

**Main Office**

731-642-4451

**Office Fax**

731-642-4496

**Emergency Contact**

731-431-8923

## Nearest Department

**Police Department**

731-642-2424

**Fire Department**

731-642-1413

## **Vernon Place Window Replacement Project**

The contractors have started the Window Replacement project at Vernon Place. We are notifying tenants prior to when the contractors will be at their building. Remember to move any objects that are blocking the windows. We know this is an inconvenience but we do think new windows will improve the apartments.

## **FISH FRY TIME!**

Be sure and get out the last full week of April to enjoy all the events during the Jaycee's Annual World's Biggest Fish Fry. April 20, 2025 - April 26, 2025. Lots of fun for the whole family. Of course Friday is the Parade. Note: PHA Office will be closed Fish Fry Friday.

## **HUD RULES - DOCUMENTS & INFO ARE REQUIRED**

If you have seen the news you have seen that under our new administration there are changes happening daily. As public housing is funded with taxpayer dollars HUD is requiring more and more from PHA staff and residents. Please be aware when we request information or documentation it is because HUD has required us to obtain this; they are cracking down on spending and requiring more documentation than in the past. It is important that you provide us with any requested information as soon as possible. If we do not receive information required by HUD your housing could be in jeopardy.

## **Save Green with Greenery**

Houseplants can add an element of interest to just about any home, but they can do even more than that. Adding a plant or two to your home could even save you money!

Minimize your electricity usage. Houseplants have a natural ability to cool the air around them, a nice perk when summer temperatures start heating things up. Interestingly enough, your green friends can also provide insulation and minimize heat loss in the cooler winter months.

Houseplants naturally help purify the air, which can reduce your risk of respiratory issues and their associated costs. Houseplants vary in color and shape, which can add just as much interest as indoor décor, and they're typically much less expensive.

## **Pet Rules**

In order to keep our community pet-friendly, it is important that we agree to several rules, as laid out in the lease. Make sure you always clean up after your dog, keep him/her on a leash, and never leave your dog unattended, or worse, tied to a tree or sign post. Thank you for your cooperation.

## **Updating Your Records**

The office should always be informed when your contact information changes. This includes phone numbers, email addresses, emergency contacts, and place of employment. Please update your records with us as soon as you can.

Paris Housing Authority | michelle.parker@parishousing.org  
www.parishousing.org | 917 Minor Street Paris TN 38242



Resident News

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## TRACK STARS OF THE ANIMAL KINGDOM

Springtime sets the stage for track meets across the country. When thinking about track and field events, the fastest runner seems to grab all the attention. Most people know the fastest animal on earth is the cheetah, but what about other events, like the high jump? Long jump? Which animals rank as the greatest jumpers in the animal kingdom? You might be surprised to learn which ones make the leap.

**Dolphin.** Here's a curveball ... the highest jumper in the wild isn't even on land. It's the dolphin! Reaching heights of more than 22 feet in the air, this marine mammal catches the most air in flight.



**Cougar.** This feline is not only fast but strong, too. Also called mountain lions or pumas, cougars can jump incredibly high at over 18 feet, which is easily the second story of any building.

**Red kangaroo.** While not medaling in high jump due to its relatively low score of 5 feet, the red kangaroo goes the distance and takes the trophy for long jump for sure. On average, they can propel themselves forward and jump nearly 30 feet in a single bound!



**Honorable mentions.** In a category for "highest jump compared to body weight," there are two contenders to watch. One, the meadow froghopper—an insect sometimes called a meadow spittlebug—can jump up to two feet high, despite its small size (less than half an inch long). The flea is the other Hulk-like insect, able to generate jumping force 130 times higher than its body weight.

While it may seem that these extraordinary jumpers are just a demonstration of strength, you'd be jumping to conclusions. The real reason behind their pouncing power can be traced back to survival tactics. From mammals to insects, the animal kingdom is chock-full of impressive feats showcasing the wonders of nature.

## Recipe: Crunchy, Healthy Granola

Granola is a hearty snack on its own or can be added to yogurt or cereal for a sweet crunch. Use this recipe to make a custom granola with your favorite flavors.

### Ingredients:

- 4 cups old-fashioned rolled oats
- 1 1/2 cups nuts (any kind) and/or seeds (sunflower seeds, pepitas)
- 3/4 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/2 cup vegetable oil
- 1/2 cup maple syrup or honey
- 1 teaspoon vanilla extract
- 2/3 cup dried fruit (optional)
- 1/2 cup chocolate chips (optional)



### Directions:

Preheat oven to 350° F. Line a large sheet pan with parchment paper. In a large bowl, combine the oats, nuts and/or seeds, salt and cinnamon. Pour in the oil, maple syrup or honey, and vanilla. Mix well to coat.

Spread the oat mixture onto the sheet pan in an even layer. Bake for 10 minutes. Stir mixture, then press down with a spatula to help create firm clumps. Bake for an additional 10 minutes or until granola is lightly golden.

Remove pan from oven and let cool completely, about 1 hour.

Break the granola into clusters, then add dried fruit and chocolate, if using. Stir to combine. Store granola in an airtight container.

## Trivia: Funny Bunnies

1. This new arrival to the Monroe household made currents pets Harold and Chester very suspicious of their new companion's eating habits.
2. Looney Tunes wouldn't be the same without this "wascally wabbit," who made his debut in "A Wild Hare" 85 years ago.
3. A well-loved plush bunny's dire fate is changed when a fairy turns him into "Real" in Margery Williams' 1922 classic.
4. This Toontown resident's quest to clear his name of a (gasp!) murder accusation was the basis for this popular 1988 film that combined live action and animation.
5. Shel Silverstein's book of spoonerisms starring this rabbit is a fun source of mishaps and advice, like "trush your beeth" and "rean up your cloom"!

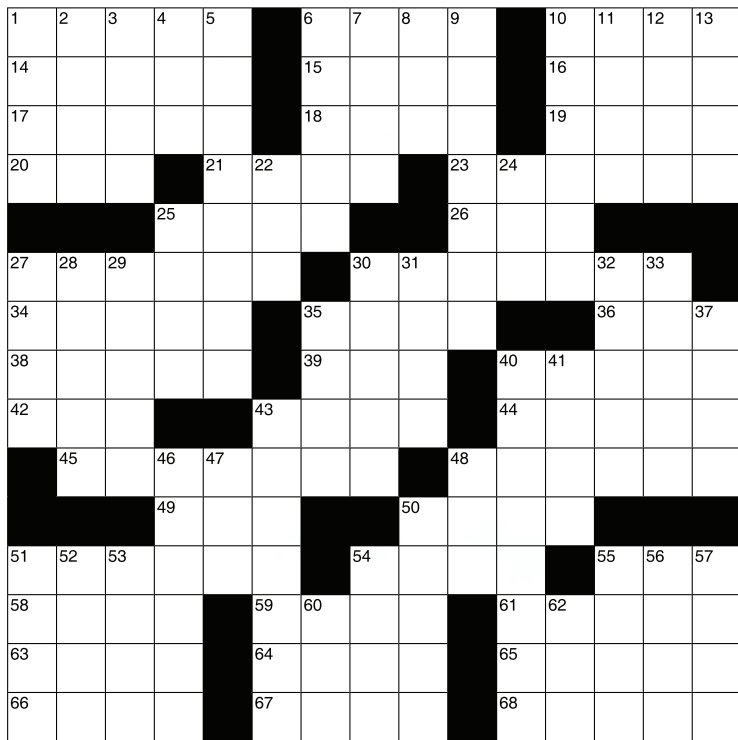
## Think you know the answers?

Email your answers with "Funny Bunnies" in the subject line to [triviamaster@residentnewsonline.com](mailto:triviamaster@residentnewsonline.com) for your chance to win cool stuff! Deadline for entry is April 30, 2025. Five winners will be selected by May 15, 2025, and notified via email.

*(Last month's "Bamboozling Panda Tidbits" answers: 1. Up to 90 pounds; 2. Pandas were declared "vulnerable" in 2016; 3. Yes; 4. No: pandas have an elongated wrist bone that functions like a thumb; 5. 2008)*



# Crossword Puzzle Fun



## ACROSS

1. Truths
6. Water film
10. Throw in the air
14. Decorate by inserting
15. Pointed cylinder
16. Singing voice
17. Permanent mark
18. Aroma
19. Genuine
20. \_\_\_! (call attention)
21. Stare at
23. Colored clay formulated using crushed glass or frit
25. Rushed
26. North by east
27. Indenting into wet clay
30. Former part of Yugoslavia
34. Raccoon-like animal
35. Colors
36. North northeast
38. Brims
39. Vane direction
40. Old
42. Female deer
43. Glided
44. Punch
45. Causing fermentation
48. Shatters
49. Atmosphere
50. Bundle

51. Fire clay body slowly at a ramp speed
54. Make a choice
55. Design file format
58. Location
59. Thousand (abbr.)
61. Relative
63. Historic Asian country
64. Rolling out clay into rope-like pieces
65. Mr. O'Brien
66. Loathe
67. Dr. Jekyll and Mr. \_\_\_
68. Account

24. Basketball association
25. Location
27. Chilled
28. Caffeine pill brand
29. Wary
30. Unbeliever
31. Swamp plant
32. Ancient river valley
33. Concerning
35. Cafe
37. Ceases
40. Luxury
41. Traditional knowledge

## DOWN

1. Try to catch water animals
2. Wager
3. Naturally occurring aluminum silicate compound of fine ground material
4. Thai
5. Summary
6. Chide
7. Protocol
8. Spanish "one"
9. Domestic sheep (plr.)
10. What you aim for
11. Tub spread
12. Jab
13. Solitary
22. "To the right!"
43. Distend
46. Lady's title
47. Lubricate
48. Slab on which clay is handled
50. Greek government
51. Money
52. Opera solo
53. In order
54. Empty space
55. Confined
56. Former wound
57. Say it's not true
60. Used to attract attention
62. Charged particle












M W O O D P E C K E R Y H  
 F A L C O N Y R A I V A E  
 Y A R O W L T I S N L N I  
 E E S U O H D R I B A K E  
 T A V S I N G I E W N R R  
 A E W O G B L L S E I E Y  
 R R O R C D G I G K H O W  
 G U R K Y A Q G A T N O A  
 I T R A E B S N A U Z K R  
 M L A Y V W T E M F Q C B  
 L U P M I E F S X L Q U L  
 K V S N L P N T M P G C E  
 K P G F L E D G L I N G R

- |           |           |            |
|-----------|-----------|------------|
| AVIARY    | FALCON    | RAVEN      |
| BIRDHOUSE | FEATHER   | SPARROW    |
| CANARY    | FLEDGLING | SWAN       |
| COVEY     | MIGRATE   | VULTURE    |
| CUCKOO    | NEST      | WARBLER    |
| EAGLE     | OWL       | WING       |
| EGGS      | QUAIL     | WOODPECKER |

## Answer Keys



# APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  <b>RENT DUE!</b>	2	3  INSPIRE SOMEONE TODAY	4	5  Heeyyyy! YOUR RENT IS LATE
6	7  World Health Day	8	9  Love life & Live it	10	11  Love Your Pet Day	12
13 <b>PALM</b> <i>Sunday</i>	14	15 <b>TAX DAY</b> 	16	17	18 SERVALL WILL SPRAY OUTSIDE AT VERNON PLACE	19
20  HAPPY EASTER	21	22	23 Administrative Professionals' Day 	24	25 <b>Arbor Day</b> 	26
27	28  happy springtime	29	30			



We do not inherit the earth from our ancestors,  
*we borrow it from our children.*

- Native American Proverb

HAPPY EASTER  
HAPPY SPRING  
HAPPY EVERYTHING!

